Kinesiology professors train you in the scientific study of human movement and celebrate God’s greatest creation: the human body.

Passionate about their field, professors work closely with you in class and involve you in their research projects. Personal, interactive and relevant classes expose you to the entire umbrella of kinesiology—biophysical, behavioral and sociocultural—and help you dig deeper into your studies. Internships give you opportunities to observe and assist a variety of health professions and develop your own career path. Westmont’s excellent reputation with top graduate schools assists you in continuing your education through graduate programs.

**SELECTED COURSES**

- Human Anatomy
- Human Physiology
- Motor Behavior
- Physiology of Exercise
- Biomechanics
- Psychology of Movement
- Sociology of Movement and Health
- Special Populations

**CAREER PATHS**

- Physical Therapy
- Occupational Therapy
- Physician
- Physician Assistant
- Nursing
- Personal Training
- Chiropractic
- Athletic Training
- Exercise Physiology
- Cardiac Rehabilitation
- Public and Global Health
- Gerontology
After graduating from Westmont in 2002, Allison Sandquist spent a year working and enjoying Santa Barbara before she started the physical therapy program at Chapman University. She graduated from Chapman with her doctorate degree in physical therapy in 2006 and worked for Hayashida and Associates in Santa Barbara as a physical therapist for six years. During that time she became certified as an orthopedic specialist (OSC), competitively raced outrigger canoes for the Santa Barbara Outrigger Canoe Club, and coached pole-vault at Westmont. In 2012, Allison and her husband moved to New Zealand where she works on and off as a physiotherapist.