



○ <b>Lab Instructor</b>	
Anatomy/Physiology (HPHY 325)	2022
Cardiorespiratory Physiology (HPHY 324)	2022
Motor Control (HPHY 333)	2021
Motor Control	2020
Cardiorespiratory Physiology	2020
Motor Control	2019
Anatomy/Physiology	2019
Cardiorespiratory Physiology	2019

### **Teaching Philosophy**

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It is my mission as an educator to encourage the healthy exchange of ideas and experiences, to promote scientific thinking and reasoning, and to equip students with the tools and training they require to excel in their future professions.

### **Research Positions**

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<b>Graduate Student</b>	2018 – Present
University of Oregon	
Action Control Lab	
Ian Greenhouse (PI)	
<b>Research Assistant</b>	2015 - 2017
Cal Poly, SLO	
Human Motion Biomechanics Lab	
Steve Klisch (PI)	

### **Research Output**

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- Dissertation: “Corticospinal Activity During Goal-Directed Reaching”  
Expected: June, 2022  
*The project aims to investigate the neurophysiology of human movement, specifically, how preparatory activity is modulated during a reaching task.*
- **Publication**  
(in review) “Assessing Corticospinal Activity During Goal-Directed Reaching”  
Isaac N. Gomez, Serena Orsinger, and Ian Greenhouse  
*Journal of Visualized Experiments* 2022

- **Publication:** “Response Preparation Involves a Release of Intracortical Inhibition in Task-irrelevant Muscles”  
Isaac N. Gomez, Kara Ormiston, and Ian Greenhouse  
*Journal of Neurophysiology* 2021 125:2, 523-532  
<https://doi.org/10.1152/jn.00390.2020>  
*This paper has garnered significant interest, including 200 downloads and 10 social media shares, and is among the top 25% of all research papers scored by Altmetric.*
  
- **Poster Presentation:** “Cortical Silent Period in task-Irrelevant muscles is shortened during movement preparation”  
Presented at Society for Neuroscience in Chicago, 2019

### **Research Interests**

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-Motor Systems-Motor Learning-Movement-Disorders-Transcranial Magnetic Stimulation-Visuomotor Adaptation-Motor Development-Health & Wellness

### **Committee Service**

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- Graduate Council 2021- 2022
- Teaching Effectiveness Committee 2020 – 2022
- Diversity, Equity, And Inclusion Committee 2019 – 2020

### **Awards**

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- **Promising Scholar Award** 2018  
*To recruit highly qualified incoming graduate students from diverse backgrounds who add to the academic and scholarly excellence of the university.*

### **Related Skills and Experience**

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- Electromyography
- Transcranial Magnetic Stimulation
- Electrocardiography
- Motion Analysis
- Coding – Matlab
- Participant Recruitment
- Data Management
- Statistical Testing & Analysis
- Backwards Course Design
- Course Management
- Leading Discussions
- Leading Lab Sections
- Online Course Delivery
- Undergraduate Mentorship
- Student Advising
- Health & Fitness Programming

### **Professional Training**

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- Graduate Teaching Initiative 2020
- Responsible Research Course 2019
- Teaching Effectiveness Course 2018

### **Mentorship**

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- Serena Orsinger, Undergraduate RA 2019 - present
- Munashe Mupunga, Highschool Intern Summer 2021
- Kara Ormiston, Undergraduate RA 2018 – 2019

### **Professional Membership**

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- Society for Neuroscience
- American Physiological Society

### **Languages**

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- English (fluent)
- Spanish (conversational)