



## DOCUMENTATION OF PSYCHOLOGICAL CONDITION

The student named below has applied for services from the Accessibility Resource Office (ARO) at Westmont College. In order for the ARO to determine eligibility for services, we will need your assessment and diagnosis of this student.

**Please note:** All information that you provide may be shared with the student. This information is kept confidential, and cannot be released without written consent from the student.

Student Name: \_\_\_\_\_ Today's date \_\_\_\_\_

Certifying professional (please print): \_\_\_\_\_ Title \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

License No. \_\_\_\_\_ Phone \_\_\_\_\_ Fax \_\_\_\_\_

### I. DSM-5 Diagnosis

Please include all relevant diagnostic information including subtypes and/or specifiers for diagnostic domains & subgroups (as indicated in DSM-V) including V/Z codes: psychosocial and environmental stressors.

Focus of Clinical Treatment	Please provide all pertinent ICD-10-CM diagnoses
Medical Conditions	

Please specify current severity (please severity with an X):

0-----50-----100 Mild  
 Moderate Severe





**II. Treatment**

Please provide a brief summary of the diagnostic interview(s). This should include the chief complaint, history of presenting symptoms and past functioning, duration and severity of the disorder, and relevant, developmental, historical and familial data.

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**Background**

Number of sessions with student: \_\_\_\_\_

Date you first saw the student? \_\_\_\_\_

How often do you provide treatment? \_\_\_\_\_

When did you last evaluate this student: \_\_\_\_\_

Please list other providers the student is in treatment with:

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Frequency of treatment with other providers: \_\_\_\_\_

Is the student currently a danger to self or others (Explain)?

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The student's condition is:  Stable  Improving  Worsening  Cyclically variable

Prognosis:  Poor  Guarded  Fair  Good  Excellent

**Prescribed Medication & Dosages:**

Is the student currently being prescribed medications?  Yes  No





Please list medications the student is currently taking:

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Is the student compliant with medications?  Yes  No

If no, explain: \_\_\_\_\_

How long has student been on current medications? \_\_\_\_\_

Does the medication mitigate the student's symptoms?

Completely  Partially  Not mitigated

### III. Impact on Major Life Activities

Which, if any, of the other major life activities below, does the impairment(s) affect?

<b>PHYSICAL IMPACTS</b>	Unknown	No Impact	Minimal Impact	Moderate Impact	Severe Impact
Breathing					
Caring for self					
Hearing					
Learning					
Performing manual tasks					
Seeing					
Speaking					
Working					
Walking					
Other, please specify: _____ _____					
<b>LEARNING IMPACTS</b>					
<b>Engagement</b>					





Attending					
Concentrating					
Thinking					
Writing					
Avoidance, please specify: _____					
Cognitive processing					
Long term memory					
Short term memory					
Effect of anxiety on cognitive functioning					
Distractibility					
Reading					
Accessing prior knowledge					
<b>Exploration</b>					
Decision-making					
Investigating					
Organizing					
Performing					
Planning					
Problem solving					
Time management					
<b>Explanation</b>					
Analyzing					
Reasoning					
Supporting with evidence					
Participating in class discussions					
Giving oral presentations/group projects					
Expanding understanding					
Processing speed					
<b>BEHAVIORAL/INTERPERSONAL IMPACT</b>					
Restricted or labile affect in daily social activity					
Excessive activity level					
Impulsivity					





Fatigue or low energy					
Frequent emotional outbursts					
Irritability/agitation					
Restlessness					
Interpersonal fears or suspiciousness					
Preoccupation with self					
Rambling, pressured speech					
Changes in appetite					
Avoidance of social interactions					
Attending class					
Changes in sleeping, please specify: _____					
Initiation work					
Suicidal ideation ___Active ___Passive					
Motivation					
Difficulty initiating interpersonal conduct					
Other, please specify: _____ _____					
<b>PERCEPTUAL IMPACTS</b>					
Visual hallucinations					
Auditory hallucinations					
Other, please specify: _____ _____					
<b>MEDICATION SIDE EFFECTS</b>					
Drowsiness					
Blurred vision					
Restlessness					
Fatigue					
Confusion					
Thirst					
Memory loss					





Anxiety					
Other, please specify: _____ _____					

#### IV. Assessing Functional Limitations

What methods were used to determine the impact on major life activities?

\_\_\_ Structured or Unstructured interviews with the student.

\_\_\_ Interviews with other persons.

\_\_\_ Behavioral Observations.

\_\_\_ Developmental History

\_\_\_ Educational History

\_\_\_ Medical History

\_\_\_ Neuro-psychological testing (Please attach results)

Dates of testing: \_\_\_\_\_

\_\_\_ Psycho-Educational Testing (Please attach results)

Dates of Testing: \_\_\_\_\_

\_\_\_ Standardized or non-standardized rating scales

\_\_\_ Other (Please Specify): \_\_\_\_\_





## V. Additional Information

Please provide any additional information below, including information related to how the disability symptoms impact various academic tasks (e.g. examination process, focus in lectures, time management, organization, and completion of long-term projects). Please include any recommendations for accommodations.

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Signature \_\_\_\_\_ Date \_\_\_\_\_

### Return to:

Westmont College

The Accessibility Resource Office

955 La Paz Rd., Santa Barbara, CA 93108

**FAX** to: 805-565-7244

**EMAIL/SCAN** to: aro@westmont.edu

