



## CHRONIC HEALTH IMPAIRMENTS

Chronic health impairments encompass a wide range of **long-term medical conditions** that may impact a student's daily life and academic performance. These conditions can be visible or invisible, ranging from autoimmune disorders to chronic pain conditions. Chronic health impairments can exhibit **unpredictable fluctuations** in symptoms. Students may experience periods of wellness and times when symptoms intensify. This variability can affect their attendance, energy levels, and ability to engage fully in coursework.

Examples may include:

- Autoimmune disorders
- Cardiovascular conditions
- Chronic pain conditions (i.e.- Migraines, gastro-intestinal conditions, Arthritis, Fibromyalgia)
- Diabetes
- Neurological conditions (i.e.- POTS, TBIs, Seizure disorders)

Possible Impacts:

- Fatigue
- Chronic pain
- Emotional distress
- Cognitive difficulties
- Memory impairment

Possible Accommodations and Supports:

- Foster open communication with students about their health-related needs. Encourage them to discuss challenges they may face and collaborate on finding reasonable solutions
- Assignment due date modification
- Disability related absences
- Provide options for remote participation or access to lecture recordings
- Be aware of emergency procedures and communicate with students about any specific accommodations or assistance they may require during unforeseen health-related situations.
- Student Health Center

