

First-Year Sample Plan: Kinesiology

Fall Sample Schedule (12-17 units)

- ❑ KNS/BIO 040 Human Nutrition (can be taken in fall or spring semester)
- ❑ KNS 072 Foundations of Kinesiology; fulfills Common Skills and Emphases: Writing and Speech Intensive (can be taken in fall or spring semester)
- ❑ MA 005 Statistics; fulfills Common Inquiries: Reasoning Abstractly and Common Skills and Emphases: Quantitative and Analytical Reasoning (can be taken in fall or spring semester)
- ❑ Common Contexts, Common Inquiries, or Common Skills and Emphases; course(s) of your choosing to round out your schedule to your desired unit load
- ❑ PEA course; If you desire to take a PEA course this term

- ❑ CHM 005 Chemistry I with lab; will fulfill Common Inquiries: Exploring the Physical Sciences (*Students interested in Pre-med, Physical Therapy, Physician's Assistant, or other medical professionals*)

Spring Sample Schedule (12-17 units)

- ❑ KNS/BIO 040 Human Nutrition (can be taken in fall or spring semester)
- ❑ KNS 072 Foundations of Kinesiology; fulfills Common Skills and Emphases: Writing and Speech Intensive (can be taken in fall or spring semester)
- ❑ MA 005 Statistics; fulfills Common Inquiries: Reasoning Abstractly and Common Skills and Emphases: Quantitative and Analytical Reasoning (can be taken in fall or spring semester)
- ❑ Common Contexts, Common Inquiries, or Common Skills and Emphases; course(s) of your choosing to round out your schedule to your desired unit load
- ❑ PEA course; If you desire to take a PEA course this term

- ❑ CHM 006 Chemistry II with lab; will fulfill Common Inquiries: Exploring the Physical Sciences (*Students interested in Pre-med, Physical Therapy, Physician's Assistant, or other medical professionals*)

- ❑ BIO-005 General Biology with lab; will fulfill Common Inquires: Exploring the Life Sciences (*Students interested in Pre-med, Physical Therapy, Physician's Assistant, or other medical professionals*)