



# WESTMONT

## COLLEGE STUDENT ASSOCIATION

In the Westmont College Senate  
March 26, 2019  
Wynston Hamann, GLC Senator

### Section 1. Title

1. *Westmont College Fitness Center Capital Improvements*

### Section 2. Statement of Purpose

1. After careful consideration of the survey results from the Fitness Center Survey, it has become apparent that the Westmont Fitness Center is in dire need of many improvements. The purpose of this bill is to allocate funds to address some of the most easily fixable problems by replacing and adding equipment. The decision of what equipment to replace and add was decided on by a combination of input from the survey, individual interviews, and recommendations from Coach Johnson and myself. These improvements will greatly increase the student experience in the Westmont College Fitness Center.

### Section 3. Statement of Policy

1. The total amount this bill asks for is \$2,513 with approximately 500\$ going to a large number of small inexpensive improvements and approximately 2000\$ going to larger equipment.
  - I. 500\$ allocated to smaller less expensive necessities
    - a. Titan Full Bar Jack – 85\$
      - i. [https://www.amazon.com/revbroduct/B07JHCSCFH?pf\\_rd\\_p=1ca657cc-697a-47bc-b2f5-9a9e91a4b54f&pf\\_rd\\_p=1ca657cc-697a-47bc-b2f5-9a9e91a4b54f](https://www.amazon.com/revbroduct/B07JHCSCFH?pf_rd_p=1ca657cc-697a-47bc-b2f5-9a9e91a4b54f&pf_rd_p=1ca657cc-697a-47bc-b2f5-9a9e91a4b54f)
    - b. Three sizes of IPF Powerlifting Belts – 100\$
      - i. [http://www.amazon.com/Track-Workout-Fitness-Powerlifting-WARRANTY/dp/B06XNDXG1?pf\\_rd\\_p=1ca657cc-697a-47bc-b2f5-9a9e91a4b54f&pf\\_rd\\_p=1ca657cc-697a-47bc-b2f5-9a9e91a4b54f](http://www.amazon.com/Track-Workout-Fitness-Powerlifting-WARRANTY/dp/B06XNDXG1?pf_rd_p=1ca657cc-697a-47bc-b2f5-9a9e91a4b54f&pf_rd_p=1ca657cc-697a-47bc-b2f5-9a9e91a4b54f)
    - c. Dark Horse Dip and Pullup Weight Addition Belt – 40\$
      - i. [http://www.amazon.com/Father-Daughter-Fitness-Weight-Addition/dp/B01NDJAE9B?pf\\_rd\\_p=1ca657cc-697a-47bc-b2f5-9a9e91a4b54f&pf\\_rd\\_p=1ca657cc-697a-47bc-b2f5-9a9e91a4b54f](http://www.amazon.com/Father-Daughter-Fitness-Weight-Addition/dp/B01NDJAE9B?pf_rd_p=1ca657cc-697a-47bc-b2f5-9a9e91a4b54f&pf_rd_p=1ca657cc-697a-47bc-b2f5-9a9e91a4b54f)
    - d. Three different kinds of lifting straps- 82\$
      - i. [http://www.amazon.com/Power-Pull-Straps/dp/B01403M166?pf\\_rd\\_p=1ca657cc-697a-47bc-b2f5-9a9e91a4b54f&pf\\_rd\\_p=1ca657cc-697a-47bc-b2f5-9a9e91a4b54f](http://www.amazon.com/Power-Pull-Straps/dp/B01403M166?pf_rd_p=1ca657cc-697a-47bc-b2f5-9a9e91a4b54f&pf_rd_p=1ca657cc-697a-47bc-b2f5-9a9e91a4b54f)
      - ii. [http://www.amazon.com/Amazon-Prime-Pullup-Straps/dp/B01403M166?pf\\_rd\\_p=1ca657cc-697a-47bc-b2f5-9a9e91a4b54f&pf\\_rd\\_p=1ca657cc-697a-47bc-b2f5-9a9e91a4b54f](http://www.amazon.com/Amazon-Prime-Pullup-Straps/dp/B01403M166?pf_rd_p=1ca657cc-697a-47bc-b2f5-9a9e91a4b54f&pf_rd_p=1ca657cc-697a-47bc-b2f5-9a9e91a4b54f)
      - iii. [http://www.amazon.com/Dark-Horse-Fitness-Lifting-Straps/dp/B01403M166?pf\\_rd\\_p=1ca657cc-697a-47bc-b2f5-9a9e91a4b54f&pf\\_rd\\_p=1ca657cc-697a-47bc-b2f5-9a9e91a4b54f](http://www.amazon.com/Dark-Horse-Fitness-Lifting-Straps/dp/B01403M166?pf_rd_p=1ca657cc-697a-47bc-b2f5-9a9e91a4b54f&pf_rd_p=1ca657cc-697a-47bc-b2f5-9a9e91a4b54f)
    - e. Serious Steel workout bands – 110\$
      - i. [http://www.amazon.com/Serious-Steel-Resistance-Bands/dp/B011Y5WJZ0?pf\\_rd\\_p=1ca657cc-697a-47bc-b2f5-9a9e91a4b54f&pf\\_rd\\_p=1ca657cc-697a-47bc-b2f5-9a9e91a4b54f](http://www.amazon.com/Serious-Steel-Resistance-Bands/dp/B011Y5WJZ0?pf_rd_p=1ca657cc-697a-47bc-b2f5-9a9e91a4b54f&pf_rd_p=1ca657cc-697a-47bc-b2f5-9a9e91a4b54f)
    - f. Two Rsvaimu Speed Jump Ropes – 14\$
      - i. [http://www.amazon.com/Rsvaimu-Speed-Jump-Ropes/dp/B01403M166?pf\\_rd\\_p=1ca657cc-697a-47bc-b2f5-9a9e91a4b54f&pf\\_rd\\_p=1ca657cc-697a-47bc-b2f5-9a9e91a4b54f](http://www.amazon.com/Rsvaimu-Speed-Jump-Ropes/dp/B01403M166?pf_rd_p=1ca657cc-697a-47bc-b2f5-9a9e91a4b54f&pf_rd_p=1ca657cc-697a-47bc-b2f5-9a9e91a4b54f)
    - g. 6 pounds of Chalk – 60\$
      - i. [http://www.amazon.com/Sally-Lance-6-Chalk-Blocks/dp/B071P953T?pf\\_rd\\_p=1ca657cc-697a-47bc-b2f5-9a9e91a4b54f&pf\\_rd\\_p=1ca657cc-697a-47bc-b2f5-9a9e91a4b54f](http://www.amazon.com/Sally-Lance-6-Chalk-Blocks/dp/B071P953T?pf_rd_p=1ca657cc-697a-47bc-b2f5-9a9e91a4b54f&pf_rd_p=1ca657cc-697a-47bc-b2f5-9a9e91a4b54f)
    - h. Tax = 9\$
    - i. Total =500\$
  - II. 2000\$ Allocated for large improvements
    - a. 3 Rouge Ohio Barbells – 855\$
      - i. <https://www.roguefitness.com/the-ohio-bar>

- b. 2 Rouge Flat Utility Benches 2.0 – 359\$
    - i. <https://www.rougefitness.com/rouge-flat-utility-bench>
  - c. 2 pairs of Rouge 45lb Bumper Plates (4 in total) – 254\$
    - i. <https://www.rougefitness.com/rouge-color-echo-bumper-plate>
  - d. 1 pair of Titan Fitness 100 lb Rubber Plates – 257\$
    - i. [https://www.titan\\_fitness/tbump100.html](https://www.titan_fitness/tbump100.html)
  - e. Shipping and Handling + tax = 287.91\$
  - f. Total = 2,012.91\$
- III. Grand Total = 2,512.91

#### **Section 4. Enactment**

1. Upon the approval and passage of this bill, the Westmont College Student Association by means of Business Manager Benjamin Meyers will reimburse up to \$2513.00 to Wynston Hamann, for the purchase of these improvements.
2. These improvements when delivered will be installed in the gym by Wynston Hamann and the Fitness Center Staff.